

## **A study on habits of student's learning affects the learning performance**

**Prabhash K G K<sup>1</sup>, Dayananda W T H<sup>2</sup>**

<sup>1</sup>Department of Philosophy, University of Kelaniya, Sri Lanka

<sup>2</sup>Department of Sociology, University of Kelaniya, Sri Lanka

kgkprabhash@gmail.com

The learning process has a long historical background of the human evolution. After the civilization, man entered a formal learning process. This process is involved in every field that associated with man in the present. The purpose of this research was to identify the habits of learning needed for the student's learning performance. To achieve this goal, the comparative method was used as a test for correlation between habits of learning and learning performance. The questionnaire was used as primary data collective technique and various publications used to complete the secondary data requirement.

The questionnaire used in the research, included a study of two perspectives of habits of learning. Those are as school and home habits of learning. As mentioned in school habits of learning, revision, daily attendance, discussing subject factors with teachers, attention to the student's learning, reference of books and extracurricular activities were included. It is social acceptance that participation in extracurricular activities impedes the learning process. But the data of the research found that many children with learning performance were involved in extracurricular activities. According to research observations also show they involved themselves actively. Other areas of that in the research focused about the habits of learning at the home. The focus on home habits of learning were waking up in every morning, future career, time management, gaining experiences, daily assignments and healthy habits. Research was pointed that the contribution of family members to habits of learning is important to learning performance. According to the research findings that were used most of habits of learning in school as well as home can enhance the learning performance of children. It is confirmed by correlation between habits of learning and learning performances.

**Key words:** *Correlation, Extracurricular, Habits, Learning, Performance*